

# 2011-2012 Class Descriptions

## Jr. SAIL - 4<sup>th</sup> - 6<sup>th</sup> Grades ONLY

(Any exceptions must be approved by Kaye, Nancy or Tammie - we will speak with the teacher)

### Art

Art and the Masters (2<sup>nd</sup> Period) - Tina Badley - Students will learn basic drawing skills: using contour lines, pencil drawing and shading, and the use of color. Students will study and report on at least one Master painter, and reproduce on canvas one masterpiece in watercolor or acrylic. Students will also have the opportunity to create their own masterpiece, and possibly one faux stained glass work. **Supply fee: \$15, Max students: 10**

### History/Geography

American Girl - Josefina (2<sup>nd</sup> Period) - Clara Dye - Students will learn about America's Southwest Frontier thru the American Girl Josefina series. The class will be involved in research, crafts and geography as they relate to the books. Each student will create their own Josefina game as an in-class project. Each student is responsible to obtain a set of Josefina books or to obtain them as needed from the library. **Max. 10 students Supply fee - \$25.00**

Minn of the Mississippi- American Geography (5<sup>th</sup> Period) -Donna Diaz In class students will learn about the history and geography of the Mississippi River Valley through the adventures of a snapping turtle. We will also study the life of a snapping turtle and be introduced to the famous American writer, Mark Twain. **Homework: Approx. 1 hour/week, Supply fee: \$20, Max. students: 10**

World History & Cultures (3<sup>rd</sup> Period) -Amanda Fletcher- Using the Notebook Approach we will study the geography, history, culture, and current events of all seven continents from the curriculum Around the World in 180 Days by Sherrie Payne. There will be weekly homework assignments. **Supply Fee - \$25 Max. Students: 10**

Life in these United States (2<sup>nd</sup> Period) - Laurie Lukens - Students will visit various states throughout the United States. Time will be spent learning about the people, culture and geography of various states in the U.S.A. Our class will have opportunities for hands on activities as they relate to a state under study. Homework will be given once or twice a semester. **Supply fee: \$35 Max. Students: 10 students**

Virginia History- (1<sup>st</sup> Period) Clara Dye - Students will study the Commonwealth of Virginia, covering geography, state facts, and its history

using a variety of written exercises, research and hands-on activities. The class will also cover famous people from Virginia. Each student will create a timeline, write and present a report on a famous person from Virginia, and create a project related to Virginia. We will do some in-class projects such as making an "edible map" of Virginia. Each student will set up a notebook. Expect approximately 40 min. of homework per week. **Max. 10 students.**  
**Supply fee - \$25.00**

## **Home Economics**

**Cooking (4<sup>th</sup> Period) - Michelle Lake** - This class will introduce students to safety in the kitchen and techniques to simple cooking and baking. The students will have a hands-on experience with learning to prepare a variety of food. **Supply fee - \$40** **Max. Students - 10**

**Stitchery (1<sup>st</sup> Period) - Kaye Johnson**- Stitchery class will focus on the art of quilting and its history. Students will learn valuable sewing skills, while creating their own their own lap quilt. Each week's class discussion will introduce students to the significance of quilting in our nation's history.  
**Supply Fee \$15** **Max. students: 8**

## **Language & Literature**

**Embarking on the Adventure ( 3<sup>rd</sup> Period) - Tammie Perkins - 5<sup>th</sup> & 6<sup>th</sup> Grade only** -An introductory writing class using the IEW (Institute for Excellence in Writing) program to prepare students for classes taught at SAIL by Mrs. Beavin. We will cover note making, outlines, stylistic techniques, writing from a model, summarizing a narrative, writing from pictures, and creative writing. Students will have daily homework. Some parental involvement will be necessary.  
**Supply Fee: \$15, Max. Students - 10 recommended for 6<sup>th</sup> graders but will accept 5<sup>th</sup> graders**

**French I (4<sup>th</sup> Period) -Alicia LaFollette** - This is a beginning level French class. We will be using First Start French published by Memoria Press. The class will include basic dialogue, some study of famous French landmarks, and a look at the French culture. There will be some homework each week. A pronunciation CD will aid in the mastery of the lessons. **Supply Fee: \$25 (will include a book that will be completed over two years)** **Max. Students: 10**

**Spanish II (1<sup>st</sup> Period)- Becky Marks** - A complete second level Spanish curriculum focusing on verbs and prepositions, ordinal numbers, restaurant ordering, telling time, months/seasons and also includes Spanish cooking segments, Spanish songs, historical stories, hands on crafts, and the geography of Spain. **Material fees: \$35.00 for books and crafts, \$10.00 practice CD (optional)** **Max. Students: 10**

**Through the Eyes of a Child (4<sup>th</sup> Period)- Vaska Applegate** - This class is designed to introduce and explore wonderful examples of children's literature from a Christian perspective while preparing them for more advanced classes at SAIL. We will be reading, discussing, and evaluating a wide array of outstanding children's literature. The primary focus is the development of students' appreciation for literature through immersion into a variety of authors and genres and as well as responding to literature. This class will introduce students to examples of the various genres (historical fiction, modern fantasy, and contemporary fiction) and explore authors' writing styles and techniques (symbolism, figurative language, literary elements).

Homework: Students will have weekly reading assignment as well as a project that will stretch over the course of the year. A syllabus with a reading schedule will be provided by June 1<sup>st</sup>.

Each student **must** be responsible of his/her own copy of the following books: *Sign of the Beaver* - Elizabeth George Speare, *The Horse and His Boy* - C.S. Lewis, *Star of Light* - Patricia St. John, *Crispin - The Cross of Lead* - Avi, *The Borrowers* - Mary Norton, *The Secret Garden* - Francis Hodgson Burnett, *My Side of the Mountain* - Jean Craighead George, *Island of the Blue Dolphin* - Scott O'Dell. **Eligibility: 5 - 6<sup>th</sup> grade Supply Fee: \$ 10 Max. students: 10**

## **Science**

**"It's All Science!" (4<sup>th</sup> Period) - Kaye Johnson** - -This is a fun course that will introduce students, through experiments, to five major areas of science - Biology, Chemistry, Physics, the Earth and Sky, and the Human Body. Students will learn about the scientific method while exploring some of the fascinating aspects of God's wonderful creations. **Material Fee: \$20 Max. Students: 10**

**Creation Science (1<sup>st</sup> Period) - Mark Simonpietri** - This is part one of a three part Creation Science rotation. Students will be "Exploring Creation with Astronomy" using the Apologia (elementary level) curriculum, lecture and some lab. No previous science is required. Students should expect a small amount of homework weekly. Students will be required to purchase their own Textbook and note booking Journal. (approx. \$45 via CBD) **No Materials Fee. Max students: 10**

**Nature Experiments and Journaling (5<sup>th</sup> Period) -Alicia LaFollette** -Students will conduct experiments that center around nature. Worksheets will be used in class to enhance the lessons being taught. There is a minimal amount of homework. Students will be encouraged to keep a nature journal using photography, artwork or writing. Part of the class time will include learning to identify plants, birds and trees common to this area.  
**Supply Fee: \$20 Max. Students: 10**

## Other

**Drama (5<sup>th</sup> Period) - Michelle Lake** - This class will focus on dramatic interpretation through games and fun activities. Students will perform a short play at the Showcase and possibly another location (e.g., a local nursing home).

**Supply fee - \$20    Max. Students - 12**

**The Eternal Conflict (2<sup>nd</sup> Period) - Jeff Vining** - This class will survey and trace the Biblical record in chronological order to tell the story of Satan's efforts to constantly defeat God's plan to redeem mankind. The class will highlight that God is in complete control of all events and ensures Satan is defeated. The class will demonstrate that Satan by attempting to destroy Christ before He could complete His redemptive work failed and continues to fail but continues to try for eternity. **Homework weekly:** primarily Bible reading and/or memorization.

**Material fee \$20                    Max. Students: 10**

**Etiquette & Manners (5<sup>th</sup> Period)- Duffy Simonpietri** - Tricky spaghetti noodles and unruly salad leaves will be a thing of the past! This active, hands - on class will provide an overview of basic manners. We will cover introductions, telephone, and table manners. We will also look to scripture to see how God wants us to behave everyday. Our students will be ready to set a beautiful table and serve their parent(s) tea by the end of the course.

**Material Fee: \$25                    Max Students: 8**

**Math lab (3<sup>rd</sup> Period)- Becky Marks** - Discovering math in a whole new FUN way through various games and activities. **Material fees: \$25    Max. Students: 10**

**P.E. (3<sup>rd</sup> Period) - Amy Sowers & Gretchen Crowley** - Students will learn cooperative play in organized team activities, while also being exposed to the fun of individual fitness challenges. Students will increase body awareness in balance and proper ergonomics to prevent injury, and will be encouraged to strive for improved personal physical fitness.

**Supply fee \$5    Max Students: 14**

# **HEARTSTINGS**

Please note: Heartstings classes are for teachers' children only

## **Heartstrings Group A**

**Physical Education (1<sup>st</sup> Period)- Amy Sowers and Gretchen Crowley** Students will learn cooperative play in organized team activities, while also being exposed to the fun of individual fitness challenges. Students will increase body awareness in balance and proper ergonomics to prevent injury, and will be encouraged to strive for improved personal physical fitness.

**Supply fee \$5, Max Students: 10**

**Five in a Row Science (2<sup>nd</sup> Period)- Nancy Bailey-** Students will learn science concepts from the Five in a Row stories. We will have age appropriate, hands on activities in every class while having fun learning about science. **Supply fee \$20 Max students: 10**

**5 in a Row (Geography & Art) (3<sup>rd</sup> Period) - Kathleen Forgues-** This year we will be reading some great children's stories, we will read each book at least two weeks. We will then work on Geography and Art based on these books. There are some great ideas for us to work on each week. Come and let's explore some books together!!

**Supply fee \$15, Max Students: 10**

## **Heartstrings Group B**

**Art & Crafts (1<sup>st</sup> Period)- Susan Phaneuf** We will be doing exciting, hands on crafts, using many different mediums and techniques. Projects will relate to the seasons, the holidays and the interests of young children. **Supply Fee: \$30, Max. Students: 10**

**Physical Education (2<sup>nd</sup> Period)- Amy Sowers and Gretchen Crowley -** Students will learn cooperative play in organized team activities, while also being exposed to the fun of individual fitness challenges. Students will increase body awareness in balance and proper ergonomics to prevent injury, and will be encouraged to strive for improved personal physical fitness. **Supply fee \$5, Max Students: 10**

**ABC's of Science (3<sup>rd</sup> Period)- Nancy Bailey** - Students will be investigating different areas of science. Each week we will explore a different field of science such as Arachnology, Biology, Cardiology, etc. There will be lots of fun and activities in class with no homework. **Supply Fee: \$20 Max students: 10**

## Jr. SAIL Teacher Biographies

**Vaska Applegate (Through the Eyes of a Child)**- is a mother of 3 children and been homeschooling for nine years. She was born and raised in Frankfurt, Germany, has a MA in English Literature and minor in American Studies and Business Administration. In the 90's she moved to the United States and went to Texas A&M graduating with a degree in Elementary Education emphasis in Reading and ESL. She and her husband Doug, approaching now 15 years of married life, enjoy working with children and youth, reading, hiking, and if possible traveling.

**Tina Badley - (Art & the Masters)** is the mother of nine children and has been homeschooling for 16 years. She received a BS in Chemical Engineering from West Virginia Institute of Technology and one year Advanced Studies Certificate from Moody Bible Institute.

**Nancy Bailey (Five in a Row Science, The ABC's of Science)** has two children and has been homeschooling for 8 years. She is the director for her church's youth group and really enjoys working with young people. She also enjoys reading, cooking and crafting. This is her second year teaching in Jr. Sail.

**Gretchen Crowley (PE)** is the mother of four children and has been homeschooling for ten years. She has her degree in physical therapy from Russell Sage College in Troy, NY and has been practicing for nineteen years. She enjoys teaching; coaching youth sports teams, playing/working outside, and spending time with family and friends.

**Donna Diaz (Minn of the Mississippi)** has been married to Rob for 31 years. The Lord has blessed them with 6 children, 1 daughter-in-law, and an adorable grandson named Sebastian. Donna has a B.S. in Dietetics from Drexel University in Philadelphia. She has been home schooling for over 20 years. This is her 9th year at Jr. SAIL.

**Clara Dye - (American Girl & Virginia History)** is the mother of five children and has been homeschooling for 22 years. She has been teaching at Jr. Sail for six years.

**Kathleen Forgues (Heartstring Art/Geography)** has been happily married for 18 years. She and Jim have three great kids, and are going into their fifth year of homeschooling! Kathleen is a graduate of Champlain Junior College. In her down time, she enjoys reading, crocheting, scrapbooking and cooking for her family.

**Amanda Fletcher (World History and Geography)** has been married to her husband, Chris, for eleven years and they have three boys. The Lord placed it on their hearts to home school their children, so they pulled them from the public school system over four years ago to follow His leading. She loves spending time with God, her family, and friends. This is her second year teaching at Jr. SAIL.

**Kaye Johnson - (Stitchery & It's all Science)** has been homeschooling for 15 years. She and her husband, Farrel, have 7 children after 25 years of marriage. Three of their children are involved in Jr. SAIL, two attend SAIL. Kaye has been involved in Jr. SAIL for seven years teaching Stitchery and helping with other classes. Currently she also serves as a co-administrator.

**Alicia Lafollette (Nature Experiments and Journaling, French I)** is the mother of two and has home schooled for nine years. She enjoys cooking, gardening, hiking, knitting, and reading. She especially enjoys studying nature. Our family likes to collect animals and observe them for a while before releasing them back to their natural habitat. Our favorites were the baby opossums we rescued.

**Michelle Lake (Cooking and Drama)** is the mother of two and is starting her fifth year home schooling. She has an Associate's Degree in Administration and was an Office Manager for many years. She is now a full-time Mom and has been married to her husband, Andy, for 12 years. She is looking forward to teaching another year at Jr. Sail.

**Laurie Lukens (Life in These United States)** To best describe me is to understand the life I lead. The Lord has partnered me with a very supportive husband, Mike. He has also blessed me with three children; two daughters and a son. I've had the privilege of home schooling for the last eleven years and have enjoyed teaching at Jr. SAIL for the last three years. I've found my teaching degree from Philadelphia Biblical University to be extremely helpful in the endeavors the Lord has allowed me to participate in.

**Becky Marks (Spanish, Math and Sign Language Tutoring)** is the wife of a loving husband and mother of five beautiful children. Becky has a Masters Degree and is a LCSW.

**Tammie Perkins (IEW Writing)** has been married to Greg twenty-three years; they have five children, ages seven through twenty. They have homeschooled for fourteen years. Tammie serves as co-administrator. This will be her fifth year teaching writing.

**Susan Phaneuf (Art & Crafts - 2<sup>nd</sup>-3<sup>rd</sup> grades)** is a mother of 3 and has been home schooling for thirteen years. She and Mark have been married for twenty three years. Susan is originally from Ohio, where she went to school at Ohio State University and Riverside Methodist Hospital School of Radiology. She's been living in Virginia for the last twelve years. She enjoys working with young children and is excited about teaching art.

**Duffy Simonpietri (Etiquette and Manners)** Duffy Simonpietri has been homeschooling for 2 years. She has 3 kids and is wife to Mark. She studied journalism and Interior Design in college.

**Mark Simonpietri (Considering God's Creation )** Mark Simonpietri is a thirteen year veteran of the Fairfax County Sheriff's Office. This is my third year teaching for Jr. SAIL. I enjoy teaching Jr. SAIL because I truly believe in the freedom to home school and to start class with a word of prayer. Teaching God's children is a wonderful opportunity to be a servant.

John 21:15 - So when they had eaten breakfast, Jesus said to Simon Peter, "Simon, son of Jonah, do you love Me more than these?"  
He said to Him, "Yes, Lord; You know that I love You."  
He said to him, "Feed My lambs."

**Amy Sowers (PE)** is the mother of four children and has been homeschooling for 12 years. She also works part-time as a outpatient physical therapist. She is a graduate of Medical College of Virginia and has been practicing P.T. for the last twenty-two years. This is her third year teaching at Jr. SAIL.

**Jeff Vining (The Eternal Conflict)** Jeff has taught various ages in church Sunday Schools and he and his wife Nancy have homeschooled their 2 children for 6 years. Jeff is a law enforcement analyst. Jeff's wife, Nancy is a co-administrator at Jr. SAIL